

Springwood Nursery Summer Menu 2009

Monday	Snack	Lunch	Tea
Week 1	Fresh Apple & Raisins	Home made turkey Meatballs & saucy spiral pasta with Home made fruit scones BABIES: Apple puree for pudding	Leek & Potato soup with bread rolls. Madeira cake BABIES: Same with puree pear for pudding
Week 2	Toast	Spaghetti Bolognese/ garlic bread Fruit lolly ices BABIES: Custard for pudding	Chicken casserole yoghurts BABIES: Same
Week 3	Bananas	Sausage, mash and beans Diced pear and vanilla ice cream BABIES: Quorn Sausage and poached pear	Spaghetti in tomato & basil sauce Flapjacks BABIES: Blended banana for pudding

Tuesday	Snack	Lunch	Tea
Week 1	Oranges	Cottage Pie & Broccoli, Lemon drizzle cake. BABIES: Same with summer fruit puree for pudding	Ham and cheese sandwiches, cucumber and carrot sticks. Fresh Fruit. BABIES: Tomato Cous Cous and Custard for pudding
Week 2	Pears	Fruity Chicken Curry & Rice Short bread BABIES: Apple puree for pudding	Homemade Cheese and tomato pizza and potato wedges. Selection of Fruit. BABIES: Cheesy bean bake & Fruit pot
Week 3	Raisins	Chicken, Roast potatoes, cabbage & gravy. Fresh Fruit Flan. BABIES: Same	Beans on Toast. Chocolate Cornflake cake. BABIES: Chicken and sweet corn soup. Yoghurt.

Wednesday	Snack	Lunch	Tea
Week 1	Banana	Deep filled lasagna & Garlic bread. Rice pudding and Jam. BABIES: Same	Cheese and ham quiche, carrot and cucumber sticks. Strawberry tarts. BABIES: Vegetable casserole and dumplings. Pureed Banana for younger babies.
Week 2	Bread sticks	Fruity sweet and sour chicken and noodles. Apple crumble. BABIES: Same	Homemade Hawaiian pizza and beans. Fairy Cakes. BABIES: Cauliflower cheese and fresh fruit puree
Week 3	Toast	Baked potato with cheese and beans. Jelly and Icecream. BABIES: Cheesy bean bake, Same pudding.	Home made Tomato soup and whole meal rolls. Homemade oat and choc chip cookies. BABIES: Semolina for pudding.

Thursday	Snack	Lunch	Tea
Week 1	Oranges	Mild Chilli & Rice. Chocolate sponge. BABIES: Yoghurt for pudding.	Tortilla wraps, Mexican chicken, lettuce and sweet corn. Fruit cocktail. BABIES: Homemade macaroni cheese.
Week 2	Pears	Sausage casserole and pineapple upside down cake. BABIES: Quorn sausage casserole.	Spaghetti and wholemeal toast. Melon balls and grapefruit. BABIES: Same
Week 3	Biscuits		Broccoli and cauliflower mornay. Current cake. BABIES: Same

Friday	Snack	Lunch	Tea
Week 1	Bread Sticks	Chicken and potato pie with carrots and peas. Icecream and wafers	Potato waffles and beans, rice crispy cakes.
Week 2	Toast	Homemade fishcakes with cous cous and green beans. Fresh fruit trifle.	
Week 3	Fresh fruit	Creamy fish pie with cheesy topping and corgettes. Carrot Cake	